

2011 RACEWALKING AUSTRALIA MERIT AWARD RECIPIENTS

ACTRFWC

Carmen Carlon

15 Years - Administration and Competition

NAME	Carmen Carlon (ACFRFWA)
TYPE OF MERIT AWARD	15 years - Administration and Competition
QUALIFICATION	Carmen (who has an intellectual disability) has been a continuous walking member of the ACT Race & Fitness Walking Club since 1993. She has competed in, and assisted with the conduct of most of the Lake Burley Griffin Walking Carnivals since that time, and has also competed in the other annual Federation Carnivals. Carmen is usually the first to volunteer to help at any major walking event conducted in the ACT.