

AUSTRALIAN ALL SCHOOLS TRACK AND FIELD CHAMPIONSHIPS

Last Updated: 20 February 2010

By: Tim Erickson

1978 – Kensington, SA, 13-14 December 1978
 1979 - Perth, WA, 15-16 December 1979
 1980 – Sydney, NSW, 13-14 December 1980
 1981 – Brisbane, QLD, 12-13 December 1981
 1982 – Hobart, TAS, 10-12 December 1982
 1983 – Adelaide, SA, 10-11 December 1983
 1984 – Brisbane, QLD, 7-9 December 1984
 1985 – Perth, WA, 13-15 December 1985
 1986 – Sydney, NSW, 13-14 December 1986
 1987 – Brisbane, QLD, 11-13 December 1987
 1988 – Canberra, ACT, 10-12 December 1988
 1989 – Adelaide, SA, 8-10 December 1989
 1990 – Hobart, TAS, 7-9 December 1990
 1991 – Melbourne, VIC, 13-15 December 1991
 1992 – Perth, WA, 12-14 December 1992
 1993 – Canberra, ACT, 10-12 December 1993
 1994 – Brisbane, QLD, 9-11 December 1994
 1995 – Sydney, QLD, 8-9 December 1995
 1996 – Perth, WA, 7-12 December 1996 (including Pacific Schools Games)
 1997 – Hobart, TAS, 12-14 December 1997
 1998 – Canberra, ACT, 10-13 December 1998
 1999 – Sydney, NSW, 9-12 December 1999
 2000 – Adelaide, SA, 7-10 December 2000
 2001 – Melbourne, VIC, 6-9 December 2001
 2002 – Hobart, TAS, 5-8 December 2002
 2003 – Brisbane, QLD, 12-15 December 2003
 2004 – Sydney, NSW, 9-12 December 2004
 2005 – Sydney, NSW, 8-11 December 2005
 2006 – Sydney, NSW, 7-10 December 2006
 2007 – Sydney, NSW, 6-9 December 2007
 2008 – Canberra, ACT, 30 November – 6 December 2008 (including Pacific School Games)
 2009 – Hobart, TAS, 4-7 December 2009

U19 3000m Boys

1978	Michael Woods	NSW	13:22.5	D. Savage	WA	15:05;5	A. Abbott	SA	14:52.6
1979	Michael Woods	NSW	12:47.9	Michael Harvey	VIC	13:18.3	Peter Stubbs	QLD	13:27.8
1980	Michael Woods	NSW	12:39.6	Alan Muir	NSW	13:24.3	J. Hart	NSW	13:41.3
1981	Alan Muir	NSW	12:30.9	Stephen Richardson	VIC	13:26.6	M. Day B. Cullen	NZ NSW	13:26.1 14:09.8
1982	Alan Muir	NSW	12:50.12`	Stephen Richardson	VIC	13:53.74	J. Grimanes	NSW	14:28.60
1983	Stephen Richardson	VIC	13:35.10	Nick A'Hern	NSW	13:41.62	C. Mee	ACT	13:57.55
1984	Nick A'Hern	NSW	12:59.95	D. Crimson	QLD	13:09.58	M. Bassett	NSW	13:38.97
1985	L. Cramer	WA	13:17.71	M. Bassett	NSW	13:28.01	Kevin Lowden	VIC	13:34.65
1986	B. Hallworth	NSW	13:16.35	J. Weller	QLD	13:24.61	Colin Ward	NSW	13:32.51
1987	Anthony Miles	QLD	12:51.00	Colin Ward	NSW	12:57.00	Andrew Brown	NSW	13:01.80
1988	Steven Beecroft	VIC	12:30.33	Anthony Miles	QLD	12:36.04	Andrew Brown	NSW	13:07.48
1989	Shane Pearson	QLD	13:10.95	Steven Frost	NSW	13:14.77	Richard Illingworth	VIC	13:25.80
1990	Rohan Best	TAS	12:28.30	Garry Vogler	ACT	12:52.20	Daniel Andrikis	ACT	13:05.80
1991	Dion Russell	VIC	12:01.65	Dan Andrikis	ACT	12:28.04	Matthew Ness	NSW	12:37.15
1992	Dion Russell	VIC	12:08.2	Simon Robards	NSW	12:44.3	Damien O'Mara	NSW	13:02.0
1993	Luke Adams	NSW	12:40.48	Luke Collis	NSW	12:43.06	Mark Blackwood	VIC	12:49.88
1994	Luke Adams	NSW	12:37.88	Stephen Brooks	VIC	12:48.02	Jason Bown	SA	13:02.54
1995	Nathan Deakes	VIC	12:44.15	Wayne McEwan	ACT	12:48.74	Scott Hobbs	NSW	12:58.52
1996	Troy Sundstrom	NSW	12:35.60	Matt Griggs	ACT	12:46.40	Jon Gawley	WA	12:53.80
1997	Mathew Golebiowski	NSW	12:08.58	Daniel Thorne	VIC	12:18.17	Trenton Hawkins	VIC	12:38.74

U17 3000m Boys

1982	P. Hilton	VIC	13:35.51	J. Grimanes	NSW	13:46.72	C. Mee	ACT	13:59.16
1983	Paul Copeland	VIC	13:19.5	Ian Waters	VIC	13:29.7	C. Mee	ACT	13:30.8
1984	Nick A'Hern	NSW	13:20.14	M. Bassett	NSW	13:31.46	S. Woodcock	QLD	13:46.71
1985	L. Cramer	SA	13:21.71	Craig Topperwein	SA	13:21.75	M. Horn	WA	13:45.71

1986	Colin Ward	NSW	13:03.07	B. Hallworth	NSW	13:09.93	Greg Robertson	TAS	13:11.14
1987	Anthony Miles	QLD	12:49.47	Colin Ward	NSW	13:03.14	Dorian Law	NSW	13:10.79
1988	Steven Frost	NSW	13:35.92	Adam Patterson	VIC	13:36.40	Matthew Dowell	NSW	13:43.84
1989	Matthew O'Donnell	NSW	13:36.17	Daniel Andrikis	ACT	13:57.68	Simon Robards	NSW	14:23.20
1990	Garry Vogler	ACT	12:47.18	Daniel Andrikis	ACT	12:49.14	Matthew Ness	NSW	13:00.42
1991	Dion Russell	VIC	12:10.6	Damien O'Mara	NSW	12:40.9	Gary Vogler	ACT	12:45.0
1992	Gerard Ploeg	NSW	13:05.7	Christian Bone	WA	14:05.3	Andrew Bradley	NT	15:04.0
1993	Mark Blackwood	VIC	12:36.23	Wayne McEwan	ACT	12:53.71	Alan Jones	QLD	13:45.80
1994	Stephen Brooks	VIC	12:33.5	Liam Murphy	SA	12:34.0	Jason Bown	SA	13:15.5
1995	Troy Sundstrom	NSW	12:17.28	Scott Hobbs	NSW	12:45.53	Lachlan McDonald	VIC	13:04.36
1996	Schengtang Wang	CHN	12:10.50						
	Troy Sundstrom	NSW	12:24.50	Mathew Goleboiwski	NSW	12:33.00	Warren Russell	NSW	12:36.40
1997	Douglas Connelly	NSW	13:09.72	Roberto Aliaga	ACT	13:19.97	John Morison	NSW	13:30.67

U15 1500m Boys

1982	L. Cramer	WA	6:39.64	A. Keeshan	VIC	6:41.42	D. Sexton	VIC	6:52.89
1983	Nick A'Hern	NSW	6:26.83	Craig Topperwein	SA	6:30.50	B. Jones	NSW	6:39.77
1984	Craig Topperwein	SA	6:21.24	B. Jones	NSW	6:28.29	Travis Martin	VIC	6:45.34
1985	Craig Topperwein	SA	6:24.92	Colin Ward	NSW	6:28.74	Andrew Brown	NSW	6:38.57
1986	Kenneth. Clifford	NSW	6:30.90	Darren Mison	NSW	6:43.74	Shane Pearson	QLD	6:45.69
1987	Stephen Clancey	VIC	6:38.93	Mathew Ness	NSW	6:40.77	Rohan Best	TAS	6:42.15
1988	Andrew Mitchell	NSW	6:34.16	Travis Harbour	VIC	6:35.35	Mathew Ness	NSW	6:38.23
1989	Matthew Kick	NSW	6:18.44	Gary Vogler	ACT	6:24.55	Travis Harbour	VIC	6:30.79
1990	Shaun Bubb	VIC	6:17.75	Travis Harbour	VIC	6:20.40	Aaron D'Alton	QLD	6:22.19
1991	Alan Jones	QLD	6:06.74	Mark Blackwood	VIC	6:17.60	Christian Bone	WA	6:26.52
1992	Liam Murphy	SA	6:42.2	M. Mabin		6:47.3	B. Malyon		6:48.0
1993	Steven Brooks	VIC	6:10.70	Liam Murphy	SA	6:32.82	James Plested	ACT	6:33.58
1994	David Beacroft	NSW	6:15.27	Troy Sundstrom	NSW	6:17.89	Chris Evers	QLD	6:44.92
1995	Troy Sundstrom	NSW	5:51.57	Chris Evers	QLD	6:30.58	Robert Aliaga	ACT	6:33.10
1996	Douglas Connelly	NSW	6:35.89	Scott Hollaway	WA	6:41.20	Daniel Korber	WA	6:56.75
1997	Scott Hollaway	WA	6:25.61	Travis Wells	QLD	6:47.42	Clay Foster	WA	6:49.86

In 1998, the age groups were changed from U15/U17/U19 to U14/U18, U18 and U20

U20 5000m Boys

1998	Douglas Connelly	NSW	22:44.65	William Armstrong	QLD	23:48.64	Darren Breckon	NSW	23:59.41
1999	Douglas Connelly	NSW	19:58.64	Scott Hollaway	WA	21:42.32	Jared Tallent	VIC	22:40.58
2000	Jared Tallent	VIC	22:16.46	Kim Mottram	SA	25:33.61	Tom Geyteman	NSW	25:50.84
2001	Jared Tallent	VIC	22:27.65	Travis Middlemiss	VIC	23:20.72	Shaun Archer	ACT	23:58.24
2002	Jared Tallent	VIC	21:33.67	Adam Rutter	NSW	21:32.17	Shaun Archer	ACT	22:26.96
2003	Adam Rutter	NSW	22:18.02	Ben Perske	QLD	22:39.69	Aaron Humphrey	TAS	25:07.75
2004	Matt Harris	SA	23:26.85	Brendon Reading	ACT	23:34.08	Alan Murray	QLD	23:47.45
2005	Ian Rayson	NSW	22:11.14	Daniel Coleman	TAS	24:11.44	Brendon Reading	ACT	24:44.23

The Under 20 Division was discontinued after 2005 but was recommissioned in 2008 for the Pacific Schools Games

2008	Derek Mulhearn	NSW	23:29.77	Michael Reading	ACT	24:37.68	James Pisani	NSW	25:54.42
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U18 3000m Boys

1998	Douglas Connelly	NSW	13:07.38	Scott Hollaway	WA	13:18.84	Chris Erickson	VIC	13:29.41
1999	Douglas Connelly	NSW	11:49.18	Scott Hollaway	WA	12:46.24	Peter Beacroft	NSW	13:00.07
2000	Jared Tallent	VIC	13:38.87	Aaron Meller	NSW	13:49.96	Darren Breckon	NSW	13:52.75
2001	Jared Tallent	VIC	12:54.53	Adam Rutter	NSW	13:10.68	Shaun Archer	ACT	13:18.00
2002	Adam Rutter	NSW	12:12.20	Shaun Archer	ACT	12:27.16	Michael McCagh	WA	12:59.27
2003	Adam Rutter	NSW	12:12.99	Ben Perske	QLD	12:40.66	Matt Harris	SA	13:50.94
2004	Matt Harris	SA	13:23.74	Gregorz Wolszczak	SA	13:27.18	Brendon Reading	ACT	13:36.06
2005	Ian Rayson	NSW	12:34.90	Brook Keys	NSW	13:24.22	Alan Murray	QLD	14:25.27

U18 5000m Boys

2006	Daniel Coleman	TAS	22:07.83	Kyle Bryant	VIC	22:59.25	Brendon Reading	ACT	23:24.53
2007	Brook Keys	NSW	23:07.15	Daniel Payne	VIC	24:18.52	Jared Loi	QOD	24:36.45
2008	Daniel Lord	NZ	23:18.84						
	Nicholas Mirarchi	VIC	25:58.89	Joshua Platt	VIC	28:53.03	-		
2009	Dane Bird-Smith	QLD	21:08.70	Jordan Mulhearn	NSW	23:53.02	Nicholas Dewar	QLD	24:42.63

U17 3000m Boys

2004	Ian Rayson	NSW	13:14.94	Blake Egelton	NSW	13:31.85	Alan Murray	QLD	13:41.07
2005	Brendon Reading	ACT	13:27.74	Daniel Coleman	TAS	14:04.26	Cody Attwater	NSW	14:17.61
U17 5000m Boys									
2006	Brook Keys	NSW	22:15.13	Sean Fitzsimons	WA	23:40.77	Kyle Malone	NSW	23:55.15
2007	Rhydian Cowley	NSW	23:08.55	Kyle Malone	NSW	23:36.54	Christopher Tilley	VIC	25:17.04
2008	Dane Bird-Smith	QLD	22:30.32	Sean Fitzsimons	WA	23:15.03	Jordan Mulhearn	NSW	25:04.90
2009	Brad Aiton	QLD	23:16.08	Michael O'Mahony	VIC	23:23.54	Jesse Osborne	QLD	24:09.13
U16 1500m Boys									
1998	Scott Hollaway	WA	6:15.89	Kiel Roberts	NSW	6:22.58	Darren Breckon	NSW	6:30.26
1999	Jared Tallent	VIC	6:11.49	Kiel Roberts	NSW	6:11.96	Aaron Mellor	NSW	6:21.36
2000	Shaun Archer	ACT	6:16.78	Damien Pryer	NSW	6:21.22	Michael Hosking	ACT	6:22.49
2001	Ben Perske	QLD	6:20.02	Adam Rutter	NSW	6:22.06	Luke Fitzgerald	NSW	6:22.96
2002	Glen Sellen	NSW	6:36.26	Phillip Hemsworth	QLD	6:48.61	Blake Egelton	NSW	6:54.36
U16 3000m Boys									
2003	Alan Murray	QLD	13:58.42	Brendon Reading	ACT	14:03.15	Gregorz Wolszczak	SA	14:09.45
2004	Brendon Reading	ACT	13:28.80	Gregorz Wolszczak	SA	13:45.79	David Beach	WA	14:06.50
2005	Brook Keys	NSW	13:34.14	Michael Reading	ACT	14:10.80	Jared Loi	QLD	14:19.14
2006	Rhydian Cowley	VIC	13:58.59	Kyle Malone	NSW	14:07.01	Chase Richardson	TAS	14:16.57
2007	Dane Bird-Smith	QLD	13:51.60	Jordan Mulhearn	NSW	13:57.80	John Tilden	NSW	14:38.46
2008	Blake Steele	SA	14:06.38	Bradley Simpson	VIC	14:20.95	Harley Chapman	WA	15:16.45
2009	Brad Aiton	QLD	13:19.09	Lewis Clark	VIC	13:20.01	Josh Dillon	VIC	13:41.64
U15 3000m Boys									
2004	Jared Loi	QLD	14:09.53	Brook Keys	NSW	14:43.62	Rhydian Cowley	VIC	15:05.13
2005	Christopher Tilley	VIC	14:27.02	Rhydian Cowley	VIC	14:40.78	Aaron Jelfs	SA	15:12.39
2006	Sean Fitzsimons	WA	13:57.52	Jordan Mulhearn	NSW	14:12.89	John Tilden	NSW	14:40.12
2007	Blake Steele	SA	14:02.53	Samuel Dib	WA	14:21.38	Steven Washburn	NSW	14:30.02
2008	Brad Aiton	QLD	14:05.12	Samuel Dib	WA	14:09.96	Lewis Clark	VIC	14:35.73
2009	Jesse Osborne	QLD	13:32.92	Elliot Hodgson	QLD	14:05.82	Jay Felton	NSW	14:14.80
U14 1500m Boys									
1998	Greg Collins	QLD	6:49.97	Michael Hosking	ACT	7:01.25	Ashley Coburn	VIC	7:06.24
1999	Ben Wilson	NSW	6:52.94	Adam Nicholls	NSW	7:18.31	Adam Rutter	NSW	7:25.05
2000	Jayden Strattan	VIC	7:19.75	Blake Egelton	NSW	7:40.84	Tony Parsons	NSW	7:42.92
2001	Jake Hogan	VIC	7:01.66	Blake Egelton	NSW	7:16.26	Nicholas Weldon	TAS	7:22.84
2002	Jake Hogan	VIC	7:06.79	Brendon Reading	ACT	7:11.18	Daniel Coleman	TAS	7:15.31
2003	Jared Loi	QLD	6:54.99	Jake Hogan	VIC	6:57.96	Rhydian Cowley	VIC	7:16.01
2004	Chase Richardson	TAS	6:45.74	Sean Fitzsimons	WA	6:59.64	Aaron Jelfs	SA	7:18.45
2005	Jordan Mulhearn	NSW	6:58.67	Ben Connelly	QLD	7:03.49	Aaron Jelfs	SA	7:04.85
2006	Blake Steele	SA	6:57.69	Jake Rudge	NSW	7:20.53	Brad Simpson	VIC	7:23.95
2007	Matthew Timson	NSW	6:43.03	Steven Washburn	NSW	6:44.08	Jacob Allen	NSW	6:44.45
2008	Jesse Osborne	QLD	7:04.51	Jacob Dib	WA	7:13.84	Benjamin Tesch	QLD	7:14.62
2009	Benjamin Tesch	QLD	6:52.97	Billy Allamby	VIC	6:57.10	Connor McShanag	VIC	7:04.57

U19 1500m Girls

1978	Sally Pierson	VIC	6:56.6	A. Reddish	WA	7:02.5	K. Were	SA	7:06.1
1979	Rachael Thompson	NSW	6:57.6	Sally Pierson	VIC	7:09.6	J. Lewis	SA	7:37.8
1980	Sally Pierson	VIC	6:41.3	Rachael Thompson	NSW	7:01.4	Anne Ryan	NSW	7:11.3
1981	Lisa Harrison	NSW	6:51.84	Jane Lewry	SA	7:31.95	A. Moores	QLD	7:37.56

U19 3000m Girls

1982	Frances Toohey	VIC	14:28.77	Lisa Harrison	NSW	15:45.71	P. Langley	NSW	15:49.67
1983	Lisa Harrison	NSW	14:56.17	Renee Talbot	SA	14:58.55	Yvonne Waters	VIC	15:10.70
1984	Lisa Harrison	NSW	14:25.79	Sarah Miler	VIC	14:30.53	Penny Urquhart	QLD	14:36.17
1985	Gabrielle Blythe	VIC	14:02.56	Aleyna Narbey	WA	14:27.65	A. Milne	WA	14:42.54
1986	Aleyna Narbey	WA	14:34.40	Natalie Camplin	QLD	14:44.37	K. Willoughby	NSW	14:54.49
1987	Megan Chapman	NSW	14:37.15	Michelle Jones	NSW	14:41.66	Wendy Muldoon	VIC	14:42.98
1988	Jantien Saltet	ACT	14:51.84	Natalie McKean	NSW	14:52.87	Karen Francis	NSW	15:12.85
1989	Jantien Saltet	ACT	14:12.31	Teresa Letherby	QLD	14:33.64	Jane Saville	NSW	14:49.94
1990	Jane Saville	NSW	14:06.32	Natalie Davidson	VIC	14:17.84	Julie Beecroft	VIC	14:44.18
1991	Cheryl Webb	NSW	13:41.14	Linda Coffee	NSW	13:54.67	Julie Beecroft	VIC	14:08.20
1992	Linda Coffee	NSW	13:35.16	Cheryl Webb	NSW	14:21.3	Marcia Lomas	WA	14:40.9
1993	Natalie Saville	NSW	13:59.53	Linda Coffee	NSW	14:07.18	Jo Strangman	ACT	14:51.00
1994	Natalie Saville	NSW	12:53.90	Linda Coffee	NSW	13:12.47	Cheryl Webb	NSW	13:19.31
1995	Natalie Saville	NSW	12:36.21	Linda Coffee	NSW	12:53.74	Tracy Rosengrave	VIC	14:33.98
1996	Simone Kuppler	VIC	14:25.20	Kelly Scriggins	QLD	14:46.90	Kelly Excell	TAS	14:53.90
1997	Renee McAskill	NSW	13:52.96	Rinnah Tanner	NSW	14:00.07	Brigid McGinniskin	VIC	14:41.80

U17 1500m Girls

1978	Rachael Thompson	NSW	7:25.4	J. Powell	VIC	7:25.7	Anne Reddish	WA	7:37.8
1979	Anne Miller	VIC	6:56.6	P. Burke	NSW	7:02.4	Leanne Castle	SA	7:29.4
1980	Lisa Harrison	NSW	7:00.3	T. Clarke	NSW	7:06.1	K. Gilbert	NSW	7:13.4
1981	Lisa Harrison	NSW	7:03.30	T. Clarke	NSW	7:06.04	Penny Urquhart	QLD	7:14.02

U17 3000m Walk

1982	J. Lewis	SA	15:06.62	T. Buckingham	VIC	15:30.61	Jane Lewry	SA	15:36.70
1983	Kerry Arkins	NSW	14:38.80	Yvonne Waters	VIC	14:43.22	Renee Talbot	SA	14:54.05
1984	Aleyna Narbey	WA	14:49.4	Kerry Arkins	NSW	14:58.1	Janine Goodall	VIC	15:03.3
1985	Aleyna Narbey	WA	14:27.68	A. Milne	WA	14:50.95	Rebecca Waters	VIC	15:06.44
1986	Aleyna Narbey	WA	14:43.69	J. Randall	NSW	15:03.68	Michelle Keys	NSW	15:11.12
1987	Natalie McKean	NSW	14:35.31	Kylie Bonney	VIC	14:39.98	Jane Saville	NSW	15:10.99
1988	Jane Saville	NSW	14:42.00	Jantien Saltet	ACT	14:47.27	Sandra Webb	NSW	15:02.18
1989	Julie Beecroft	VIC	15:00.86	Chelsea Groves	WA	15:53.99	Simone Wolowiec	VIC	16:00.03
1990	Jane Saville	NSW	14:09.87	Linda Coffee	NSW	14:27.91	Julie Beecroft	VIC	14:45.42
1991	Cheryl Webb	NSW	13:54.79	Marcia Lomas	WA	14:04.78	Jacki Rose	ACT	14:10.59
1992	Linda Coffee	NSW	13:41.2	Cheryl Webb	NSW	14:18.3	Natalie Saville	NSW	14:37.0
1993	Natalie Saville	NSW	13:33.84	Linda Coffee	NSW	13:40.47	Anita Wallis	QLD	14:18.50
1994	Natalie Saville	NSW	13:22.85	Renee McAskill	NSW	13:58.76	Michelle French	NSW	14:03.87
1995	Renee McAskill	NSW	13:27.39	Michelle French	NSW	13:49.07	Alana McIlvenie	NSW	14:32.18
1996	Ni Shi	CHN	14:11.10						
	Kellie Wapshott	VIC	14:32.60	Rinnah Tanner	NSW	14:45.20	Kelly Excell	TAS	14:51.50
1997	Renee McAskill	NSW	14:22.62	Jade Newall	NSW	14:41.35	Claire Woods	SA	14:42.27

U15 1500m Girls

1978	J. Powell	VIC	7:06.1	B. Castle	SA	7:19.4	G. Miller	WA	7:38.7
1979	Lisa Harrison	NSW	6:59.2	L. Nicholson	VIC	7:06.0	T. Clarke	NSW	7:11.7
1980	Lisa Nicholson	VIC	6:52.4	Lisa Harrison	NSW	7:04.4	T. Clarke	NSW	7:07.5
1981	Sarah Miller	VIC	7:06.25	Penny Urquhart	QLD	7:07.86	P. Murray	NSW	7:10.88
1982	W. Nixon	NSW	6:58.53	Yvonne Waters	VIC	6:59.53	K. Arkins	NSW	7:00.97
1983	Gabrielle Blythe	VIC	6:54.2	M. McNee	QLD	7:12.7	Joanne Lambert	SA	7:13.6
1984	Aleyna Narbey	WA	6:56.07	Jenny Randall	NSW	7:07.93	R. Butcher	NSW	7:16.41
1985	Michelle De Graaf	VIC	7:01.79	Rebecca Waters	VIC	7:05.83	Suzanne Doocey	QLD	7:18.62
1986	Suzanne Doocey	QLD	6:57.79	M. Pitman	QLD	7:01.21	Lynda Pearce	NSW	7:02.69
1987	Jane Saville	NSW	6:45.54	Nicole Sansonetti	VIC	6:47.10	Julie Beecroft	VIC	7:01.94
1988	Jane Saville	NSW	6:48.38	Chris Stratford	NSW	6:50.45	Sandra Webb	NSW	7:00.24
1989	Jennifer Crooks	SA	7:01.49	Shonagh Reid	VIC	7:06.79	Jo Strangman	ACT	7:12.69
1990	Linda Coffee	NSW	6:45.90	Michelle Rudd	VIC	6:55.93	Amanda Heckenberg	NSW	7:02.39
1991	Linda Coffee	NSW	6:29.91	Jillian Caldwell	ACT	6:47.84	Tiffany Charman	VIC	6:55.56
1992	Natalie Saville	NSW	6:51.5	C. Maddison	SA	6:53.6	A. Lawrence		6:58.0
1993	Simone Kuppler	VIC	6:54.26	Alison Patchett	NSW	7:01.41	Kelly Scriggins	QLD	7:02.32

1994	Renee McAskill	NSW	6:31.09	Tanya Holloway	WA	6:52.84	Beth Edwards	NSW	6:57.50
1995	Renee McAskill	NSW	6:18.16	Michelle French	NSW	6:21.13	Kellie Wapshott	VIC	6:37.03
1996	Renee McAskill	NSW	6:46.60	Claire Block	QLD	6:54.65	Lisa McIlvenie	NSW	7:02.50
1997	Laura Johnson	NSW	6:48.15	Erica McGinniskin	VIC	6:51.82	Kathryn Parlor	WA	6:55.34

In 1998, the age groups were changed from U15/U17/U19 to U14/U18, U18 and U20

U20 5000m Girls

1998	Michelle French	NSW	24:11.34	Brigid McGinniskin	VIC	25:51.24	Claire Woods	SA	26:03.52
1999	Renee McAskill	NSW	24:46.09	Catherine Ranger	VIC	25:13.94	Erin Adamcewicz	VIC	25:37.31
2000	Laura Johnson	NSW	24:05.84	Catherine Ranger	VIC	25:24.96	Kate Connelly	NSW	26:42.43
2001	Laura Johnson	NSW	23:38.37	Lisa Grant	NSW	24:39.01	Roxie Schmidt	QLD	24:52.39
2002	Laura Johnson	NSW	23:16.18	Lisa Grant	NSW	23:57.56	Tanya Holliday	SA	24:25.35
2003	Lisa Grant	NSW	24:17.11	Susan Knapton	NSW	24:24.03	Tanya Holliday	SA	24:55.07
2004	Tanya Holliday	SA	24:38.93	Jessica Heazlewood	NSW	24:43.14	Chloe Jones	NSW	24:54.54
2005	Susan Knapton	NSW	24:14.17	Jessica Heazlewood	NSW	24:20.93	Jess Rothwell	VIC	24:22.78

The Under 20 Division was discontinued after 2005 but was recommissioned in 2008 for the Pacific Schools Games

2008	Tamara Attard	VIC	26:27.01	Lauren Bourke	NSW	26:55.43	Stephanie Stigwood	SA	27:28.67
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U18 3000m Girls

1998	Stacy Riakos	NSW	15:06.94	Erin Adamcewicz	VIC	15:13.93	Kate Connelly	NSW	15:17.99
1999	Catherine Ranger	VIC	14:00.59	Laura Johnson	NSW	14:12.04	Kate Connelly	NSW	14:29.18
2000	Catherine Ranger	VIC	13:44.06	Laura Johnson	NSW	13:53.91	Bianca Sait	NSW	14:29.80
2001	Laura Johnson	NSW	13:50.86	Lisa Grant	NSW	14:07.63	Bridgitte Burns	VIC	14:25.04
2002	Lisa Grant	NSW	13:47.85	Bridgitte Burns	VIC	14:06.94	Susan Knapton	NSW	14:12.71
2003	Jillian Hosking	ACT	13:47.46	Susan Knapton	NSW	13:59.70	Jessica Heazlewood	NSW	14:15.76
2004	Jessica Heazlewood	NSW	14:11.07	Katarina Grgurovic	WA	14:32.31	Susan Knapton	NSW	14:45.25
2005	Tanya Holliday	SA	14:03.42	Fiona Alldis	NSW	14:34.93	Siobhan Donovan	VIC	15:13.49

U18 5000m Girls

2006	Jessica Rothwell	VIC	24:24.34	Nicole Fagan	NSW	25:35.01	Lauren Drennan	VIC	25:47.57
2007	Melissa Hayes	NSW	23:27.33	Tamara Attard	VIC	26:19.54	Gabrielle D'Argone	WA	28:31.94
2008	Regan Lamble	VIC	25:06.40	Melissa Hayes	NSW	25:42.30	Samantha Tesch	QLD	26:15.23
2009	Beth Alexander	VIC	25:00.70	Vanessa Noble	NSW	31:06.01	-		

U17 3000m Girls

2004	Tanya Holliday	SA	14:07.09	Paige Hooper	SA	14:08.70	Natasha Sorensen	QLD	15:27.47
2005	Jess Rothwell	VIC	14:21.96	Nicole Fagan	NSW	14:42.51	Natalie Laurie	VIC	14:48.49

U17 5000m Girls

2006	Melissa Hayes	NSW	23:55.30	Steph Stigwood	SA	26:01.58	Danielle Densley	WA	26:53.15
2007	Regan Lamble	VIC	25:02.33	Kristie Goznic	SA	26:20.67	Natalie Laurie	VIC	26:40.65
2008	Paige Hooper	SA	24:55.79	Beth Alexander	VIC	25:52.83	Joseie Dwyer	ACT	27:40.76
2009	Rachel Tallent	VIC	24:42.58	Amy Burren	VIC	25:00.27	Hannah Watson	WA	25:26.72

U16 1500m Girls

1998	Laura Johnson	NSW	6:41.63	Roxie Schmidt	QLD	6:45.71	Lisa McIlvenie	NSW	6:49.70
1999	Laura Johnson	NSW	6:38.13	Kate Connelly	NSW	6:46.17	Lisa Grant	NSW	6:50.50
2000	Bridgitte Burns	VIC	6:45.97	Lisa Grant	NSW	6:51.49	Rachel McCammom	QLD	6:52.40
2001	Bridgitte Burns	VIC	6:50.84	Becky Lee	NSW	6:55.60	Susan Knapton	NSW	6:55.70
2002	Jillian Hosking	ACT	6:31.67	Tanya Holliday	SA	6:39.20	Jessica Heazlewood	NSW	6:49.52

U16 3000m Girls

2003	Tanya Holliday	SA	14:54.30	Jess Rothwell	VIC	14:56.11	Fiona Alldis	NSW	15:07.25
2004	Cassandra Staples	NSW	14:34.24	Jess Rothwell	VIC	14:36.77	Katarina Grgurovic	WA	15:08.17
2005	Stephanie Stigwood	SA	15:33.19	Natasha Sorensen	QLD	15:46.21	Jessie Palfreyman	VIC	16:43.81
2006	Melissa Hayes	NSW	14:42.97	Samantha Tesch	QLD	15:17.76	Natalie Laurie	VIC	15:34.16
2007	Paige Hooper	SA	14:36.66	Josie Dwyer	ACT	15:22.16	Beth Alexander	VIC	15:23.28
2008	Kristie Goznic	SA	14:48.31	Rachel Tallent	VIC	15:03.16	Darcy Gilroy	NSW	15:05.98
2009	Amy Burren	VIC	14:18.07	Hannah Watson	WA	14:45.91	Jessica Pickles	QLD	15:13.85

U15 3000m Girls

2004	Paige Hooper	SA	14:03.77	Natasha Sorensen	QLD	15:24.73	Rukshani Keenawinna	NSW	15:41.77
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2005	Paige Hooper	SA	13:50.90	Shannon Jennings	NSW	14:19.23	Natalie Laurie	VIC	15:06.82
2006	Paige Hooper	SA	15:04.31	Kate Fitzsimons	WA	15:18.22	Beth Alexander	VIC	15:28.80
2007	Kristie Goznic	SA	14:40.28	Amy Burren	VIC	14:41.26	Rachel Tallent	VIC	15:03.02
2008	Amy Burren	VIC	14:44.19	Breanne Goschnick	QLD	15:06.78	Tiffany D'Agnone	WA	15:07.45
2009	Elizabeth Hosking	ACT	14:25.61	Jmara Hockley Samon	VIC	14:41.29	Amelia Finnegan	VIC	15:01.98

U14 1500m Girls

1998	Nyssa Cobby	WA	6:55.26	Yvette Becker	SA	6:57.91	Lisa Grant	NSW	7:02.36
1999	Brigitte Burns	VIC	6:51.54	Clare Giarola	QLD	7:16.00	Peta Gough	NSW	7:18.08
2000	Jessica Heazlewood	NSW	7:08.66	Chantelle Petith	QLD	7:08.84	Jillian Hosking	ACT	7:09.54
2001	Tanya Holliday	SA	7:00.45	Elise Christie	WA	7:05.31	Christine Simpson	WA	7:20.04
2002	Jessica Rothwell	VIC	7:05.84	Nicole Fagan	NSW	7:11.75	Cassandra Staples	NSW	7:22.05
2003	Natalie Duffy	NSW	7:23.25	Natalie Laurie	VIC	7:26.89	Dianne Petith	QLD	7:35.43
2004	Paige Hooper	SA	6:42.64	Jessica Bennett	NSW	7:14.59	Regan Lamble	VIC	7:15.59
2005	Paige Hooper	SA	6:19.33	Shannon Jennings	NSW	6:34.28	Rhearne Ryan	NSW	7:03.21
2006	Cassandra Raselli	VIC	7:00.82	Kate Fitzsimons	WA	7:06.80	Courtney Sorensen	QLD	7:07.97
2007	Amy Burren	VIC	6:51.20	Ebony Whiley	VIC	7:04.29	Amelia Finnegan	VIC	7:07.82
2008	Amy Bettiol	NSW	7:02.32	Amelia Finnegan	VIC	7:09.01	Rachel Barker	QLD	7:13.85
2009	Rachel Barker	QLD	6:59.77	Tayla-Paige Billington	NSW	7:01.20	Stephanie George	VIC	7:08.06