

**AUSTRALIAN UNDERAGE WOMEN ROAD WALK CHAMPIONSHIPS**

**Last Updated: 29 August 2010**

**By: Tim Erickson**

**Australian 20 km Road Under 23 Women**

The new Under 23 championship category was added in 2004 as an additional age group championship. The 20 km roadwalk championship for U23 was added in 2005.

|      |                 |     |         |                 |     |         |                   |     |         |
|------|-----------------|-----|---------|-----------------|-----|---------|-------------------|-----|---------|
| 2005 | Lisa Grant      | NSW | 1:42:48 | Sarah Verdanega | QLD | 1:53:59 | Briana Beazlewood | NSW | 1:54:48 |
| 2006 | Lisa Grant      | NSW | 1:36:40 | Laura Johnson   | NSW | 1:47:15 | Vanessa Ebejer    | NSW | 1:54:24 |
| 2007 | Chloe Jones     | NSW | 2:00:12 | Vanessa Ebejer  | NSW | 2:04:17 | -                 |     |         |
| 2008 | Jess Heazlewood | NSW | 1:41:55 | Bekki Lee       | NSW | 1:43:37 | Lynette Bannister | TAS | 1:46:33 |
| 2009 | Jess Rothwell   | VIC | 1:30:25 | Jillian Hosking | ACT | 1:37:36 | Jess Heazlewood   | NSW | 1:40:39 |
| 2010 | Nicole Fagan    | NSW | 1:41:35 | Kate Newitt     | NZL | 1:47:52 | Rosie Robinson    | NZL | 1:51:24 |
|      |                 |     |         | Lauren Bourke   | NSW | 1:55:35 | Tamara Attard     | VIC | 2:02:57 |

**Australian 3 km Road U20 Women**

|      |                 |     |       |                 |     |       |                 |     |        |
|------|-----------------|-----|-------|-----------------|-----|-------|-----------------|-----|--------|
| 1972 | Bev Wilkins     | NSW | 15:15 | Karen Cardell   | QLD | 15:22 | Anne Williams   | VIC | 15:54  |
| 1973 | Bev Wilkins     | NSW | 14:09 | Karen Cardell   | QLD | 14:13 | Jane Davies     | VIC | 15:07. |
| 1974 | Anne Pembroke   | NSW | 14:58 | Bev Wilkins     | NSW | 15:10 | Janine Shepherd | NSW | 15:15  |
| 1975 | Bev Wilkins     | NSW | 15:23 | J Trigwell      | WA  | 15:34 | Jane Davies     | VIC | 15:56  |
| 1976 | Rachel Thompson | NSW | 14:05 | Kerrie Neville  | VIC | 14:10 | Sally Pierson   | VIC | 14:41  |
| 1977 | Kerrie Neville  | VIC | 13:48 | Tracey Shepherd | NSW | 15:27 | Rachel Thompson | NSW | 14:55  |
| 1978 | Kerrie Neville  | VIC | 13:53 | Sally Pierson   | VIC | 14:12 | Frances Burke   | NSW | 14:30  |
| 1979 | Anne Miller     | VIC | 14:59 | Frances Burke   | NSW | 15:05 | Helen Burke     | NSW | 15:09  |
| 1980 | Sally Pierson   | VIC | 14:15 | Anne Miller     | VIC | 14:26 | Lisa Harrison   | NSW | 15:22  |
| 1981 | Tanya Clarke    | NSW | 17:11 | Pauline Langley | NSW | 17:14 | Roseanne Smith  | VIC | 17:46  |
| 1982 | Lisa Harrison   | NSW | 14:56 | Sue Narbey      | WA  | 15:05 | Frances Toohey  | VIC | 15:15  |

**Australian 10 km Road U20 Women**

|      |                 |       |         |                     |       |       |                   |     |       |
|------|-----------------|-------|---------|---------------------|-------|-------|-------------------|-----|-------|
| 1983 | Lisa Harrison   | NSW   | 51:34   | Roseanne Smith      | VIC   | 51:38 | Frances Toohey    | VIC | 52:29 |
| 1984 | Susanne Narby   | VIC   | 51:24   | Lisa Harrison       | NSW   | 52:45 | Yvonne Waters     | VIC | 53:04 |
| 1985 | Lisa Harrison   | NSW   | 53:43   | Ros Francis         | NSW   | 54:13 | Sharon Willoughby | NSW | 55:02 |
| 1986 | Carolyn Vanstan | VIC   | 51:45   | Penny Urquhart      | QLD   | 52:20 | Renee Talbot      | SA  | 55:05 |
| 1987 | Carolyn Vanstan | VIC   | 52:23   | Yvonne Waters       | VIC   | 54:43 | Michelle Doyle    | NSW | 55:24 |
| 1988 | Carolyn Vanstan | VIC   | 51:35   | Michelle Horne      | VIC   | 52:42 | Michelle Keys     | NSW | 54:02 |
| 1989 | Wendy Muldoon   | VIC   | 53:24   | Nicole Foster       | SA    | 53:47 | Sheryl Webb       | NSW | 54:04 |
| 1990 | Sharon Pearce   | NSW   | 50:40   | Natalie McKean      | NSW   | 51:01 | Lynda Pearce      | NSW | 51:04 |
| 1991 | Teresa Letherby | QLD   | 50:23   | -                   |       |       | -                 |     |       |
| 1992 | Linda Coffee    | NSW   | 49:16   | Natalie Davison     | VIC   | 50:11 | Simone Wolowiec   | VIC | 50:38 |
| 1993 | Linda Coffee    | NSW   | 48:49   | Cheryl Webb         | NSW   | 49:25 | J Strangman       | ACT | 49:40 |
| 1994 | Anita Wallace   | QLD   | 56:24   | Shani Nugent        | QLD   | 59:42 | Katie Coombs      | NSW | 60:07 |
| 1995 | Cheryl Webb     | NSW   | 51:13   | Jenny Crooks        | SA    | 51:51 | Tracey Rosengrave | VIC | 55:02 |
| 1996 | Linda Coffee    | NSW   | 48:19   | Cheryl Webb         | NSW   | 48:56 | Tracey Rosengrave | VIC | 51:31 |
| 1997 | Lara Kara Ali   | SA    | 50:49   | Helen Sestic        | NSW   | 53:55 | Vanessa Arcadi    | VIC | 54:17 |
| 1998 | Rinnah Tanner   | NSW   | 52:14   | Bridgid McGinniskin | VIC   | 53:19 | Kimberley Coltman | VIC | 55:29 |
| 1999 | Kellie Wapshott | VIC   | 51:53.8 | Claire Woods        | SA    | 52:40 | Kelly Excell      | NSW | 53:17 |
| 2000 | Kellie Wapshott | VIC   | 53:32   | Kim Osmond          | VIC   | 53:49 | Roisin Gleich     | VIC | 64:30 |
| 2001 | Erin Adamcewicz | VIC   | 53:03   | Claire Bock         | QLD   | 53:18 | Lauren McGrath    | WA  | 58:09 |
| 2002 | Laura Johnson   | NSW   | 52:46   | Brianna Heazlewood  | NSW   | 58:25 | Stacey Birch      | NSW | 59:08 |
| 2003 | Lisa Grant      | NSW   | 51:39   | Laura Johnson       | NSW   | 52:52 | Yvette Becker     | SA  | 56:06 |
| 2004 | Lisa Grant      | NSW   | 51:39   | Chloe Jones         | NSW   | 54:19 | Jillian Rutter    | NSW | 54:37 |
| 2005 | Jillian Hosking | ACT   | 54:05   | Chloe Jones         | NSW   | 54:07 | Lynette Bannister | TAS | 56:13 |
| 2006 | Siobhan Donovan | VIC   | 55:38   | Lynette Bannister   | TAS   | 56:42 | -                 |     |       |
| 2007 | Fiona Alldis    | NSW   | 50:03   | Katrina Grgurovic   | WA    | 53:42 | Cassandra Staples | NSW | 54:14 |
| 2008 | Nicole Fagan    | NSW   | 51:49   | Samantha Tesch      | QLD   | 52:28 | Natalie Laurie    | VIC | 53:51 |
| 2009 | Kim Woon Jung   | KOREA | 48:36   | Weon Seas Byeol     | KOREA | 50:23 |                   |     |       |
|      | Rachel Tallent  | VIC   | 50:31   | Samantha Tesch      | QLD   | 51:47 | Claire Xian       | SA  | 52:56 |
| 2010 | Beth Alexander  | VIC   | 50:29   | Kirstin Shaw        | VIC   | 55:52 | Nicole McInerney  | SA  | 60:28 |

**Australian 1500m Road Sub-Junior Women**

|      |              |     |        |               |     |      |                |     |      |
|------|--------------|-----|--------|---------------|-----|------|----------------|-----|------|
| 1977 | Anne Miller  | VIC | 7:13.6 | Sally Pierson | VIC | 7:15 | K McBride      | WA  | 7:32 |
| 1978 | D Singleton  | VIC | 6:50   | Jodie Powell  | VIC | 6:57 | Amanda Pallier | NSW | 7:02 |
| 1979 | Sarah Miller | VIC | 7:03   | Helen Burke   | NSW | 7:14 | Amanda Pallier | NSW | 7:17 |

**Australian 2 km Road Sub-Junior Women**

|      |                |     |        |               |     |        |               |     |        |
|------|----------------|-----|--------|---------------|-----|--------|---------------|-----|--------|
| 1980 | Frances Toohey | VIC | 9:32.0 | Sarah Miller  | VIC | 9:35.0 | Robyn Webster | VIC | 9:37.4 |
| 1981 | Sarah Miller   | VIC | 9:26   | Yvonne Waters | VIC | 9:33   | Robyn Webster | VIC | 9:39   |
| 1982 | Yvonne Waters  | VIC | 9:36.5 | Wendy Nixon   | NSW | 9:43.5 | Paula Murray  | NSW | 9:48.8 |

**Australian 8 km Road U18 Women**

|      |                 |     |       |                   |     |       |                    |     |       |
|------|-----------------|-----|-------|-------------------|-----|-------|--------------------|-----|-------|
| 1983 | Lisa Harrison   | NSW | 41:03 | B. Jenner         | SA  | 41:12 | Kerry Arkins       | NSW | 41:27 |
| 1984 | Lisa Harrison   | NSW | 46:57 | Kerry Arkins      | NSW | 47:27 | Carolyn Vanstan    | VIC | 47:43 |
| 1985 | Carolyn Vanstan | VIC | 42:02 | Janine Goodall    | VIC | 43:31 | K Willoughby       | NSW | 43:35 |
| 1986 | Rebecca Waters  | VIC | 41:00 | Carolyn Vanstan   | VIC | 42:14 | Renee Talbot       | SA  | 42:53 |
| 1987 | Megan Chapman   | NSW | 41:52 | Michelle Doyle    | NSW | 42:37 | Aleyna Narbey      | WA  | 42:48 |
| 1988 | Wendy Muldoon   | VIC | 40:49 | Natalie McKean    | NSW | 41:30 | Karen Francis      | NSW | 41:36 |
| 1989 | Jane Saville    | NSW | 43:32 | Chelsea Groves    | WA  | 43:52 | Lynda Pearce       | NSW | 44:57 |
| 1990 | Jane Saville    | NSW | 40:49 | Jane Beecroft     | VIC | 41:11 | Cheryl Webb        | NSW | 41:12 |
| 1991 | Cheryl Webb     | NSW | 40:25 | Nat Davison       | VIC | 41:20 | Jo Strangman       | ACT | 42:17 |
| 1992 | Jane Saville    | NSW | 39:15 | Cheryl Webb       | NSW | 39:25 | Jo Strangman       | ACT | 40:13 |
| 1993 | Cheryl Webb     | NSW | 39:22 | Natalie Saville   | NSW | 40:46 | Jenny Crooks       | SA  | 40:55 |
| 1994 | Cheryl Webb     | NSW | 40:30 | Melissa Scott     | VIC | 42:20 | Tracey Rosengrave  | VIC | 42:51 |
| 1995 | Natalie Saville | NSW | 37:10 | Lara Lara Ali     | SA  | 41:15 | Yolanda Russell    | VIC | 45:56 |
| 1996 | Natalie Saville | NSW | 40:49 | Helen Sestic      | NSW | 41:59 | Natalie Crooks     | SA  | 42:04 |
| 1997 | Michelle French | NSW | 37:13 | Deborah Foster    | TAS | 39:03 | Rinnah Tanner      | NSW | 40:29 |
| 1998 | Claire Woods    | SA  | 42:41 | Jade Newell       | NSW | 45:00 | Anita Barnsley     | TAS | 45:58 |
| 1999 | Renee McAskill  | NSW | 41:27 | Erin Adamcewicz   | VIC | 42:14 | Catherine Ranger   | VIC | 42:31 |
| 2000 | Erin Adamcewicz | VIC | 40:30 | Laura Johnson     | NSW | 40:38 | Catherine Ranger   | VIC | 42:34 |
| 2001 | Lisa Grant      | NSW | 41:56 | Yvette Becker     | SA  | 45:12 | Jaclyn Bryant      | VIC | 46:20 |
| 2002 | Lisa Grant      | NSW | 41:14 | Peta Gough        | QLD | 42:42 | Beki Lee           | NSW | 44:18 |
| 2003 | Jillian Hosking | ACT | 41:22 | Fiona Alldis      | NSW | 41:47 | Lauren Burns-Rees  | NSW | 43:28 |
| 2004 | Jillian Hosking | ACT | 40:43 | Tanya Holliday    | SA  | 41:40 | Jessica Heazlewood | NSW | 42:50 |
| 2005 | Fiona Alldis    | NSW | 41:54 | Jess Rothwell     | VIC | 42:37 | Siobhan Donovan    | VIC | 45:36 |
| 2006 | Jess Rothwell   | VIC | 40:31 | Cassandra Staples | NSW | 42:02 | Lauren Drennan     | VIC | 42:42 |
| 2007 | Melissa Hayes   | NSW | 39:47 | Natalie Laurie    | VIC | 42:54 | Samantha Tesch     | QLD | 43:52 |

In 2008, the U18 8km was changed to an U18 5km to bring it in line with international distances.

**Australian 8 km Road U18 Women**

|      |                |     |       |                   |    |       |                   |     |       |
|------|----------------|-----|-------|-------------------|----|-------|-------------------|-----|-------|
| 2008 | Beth Alexander | VIC | 24:36 | Kristie Goznik    | SA | 26:26 | Nicole McInerney  | SA  | 26:45 |
| 2009 | Rachel Tallent | VIC | 25:21 | Lauren Harrington | SA | 25:56 | Dimitra Psarianos | NSW | 27:18 |
| 2010 | Rachel Tallent | VIC | 25:12 | Hannah Watson     | WA | 25:36 | Hilary Brazel     | VIC | 26:00 |

**Australian 5 km Road U16 Women**

|      |                     |     |       |                     |     |       |                   |     |       |
|------|---------------------|-----|-------|---------------------|-----|-------|-------------------|-----|-------|
| 1994 | Simone Kuppler      | VIC | 24:50 | Renee McAskill      | NSW | 25:49 | Yolanda Russell   | VIC | 26:10 |
| 1995 | Renee McAskill      | NSW | 25:55 | Bridgid McGinniskin | VIC | 27:23 | Natalie Crooks    | SA  | 28:03 |
| 1996 | Renee McAskill      | NSW | 24:57 | Alana McInvenie     | NSW | 25:59 | Claire Woods      | SA  | 25:59 |
| 1997 | Renee McAskill      | NSW | 23:26 | Jade Newall         | NSW | 26:05 | Rachael Dodds     | NSW | 27:22 |
| 1998 | Lisa McIlvenie      | NSW | 25:50 | Bianca Sait         | NSW | 26:00 | Erica McGinniskin | VIC | 26:42 |
| 1999 | Natalie Gleeson     | VIC | 25:13 | Lisa Grant          | NSW | 25:43 | Nyssa Cobby       | WA  | 26:15 |
| 2000 | Lisa Grant          | NSW | 25:52 | Peta Gough          | NSW | 26:35 | Rebecca Wilkie    | VIC | 26:50 |
| 2001 | Bridgitte Burns     | VIC | 25:38 | Peta Gough          | NSW | 25:56 | Chantelle Petith  | QLD | 27:25 |
| 2002 | Tanya Holliday      | SA  | 25:45 | Fiona Alldis        | NSW | 26:07 | Lynette Bannister | TAS | 27:12 |
| 2003 | Jessica Rothwell    | VIC | 24:09 | Fiona Alldis        | NSW | 24:46 | Tanya Holliday    | SA  | 26:00 |
| 2004 | Katrina Grgurovic   | WA  | 24:46 | Jessica Rothwell    | VIC | 25:09 | Cassandra Staples | NSW | 26:06 |
| 2005 | Regan Lamble        | VIC | 25:40 | Natalie Laurie      | VIC | 26:56 | Danielle Densley  | WA  | 27:16 |
| 2006 | Paige Hooper        | SA  | 24:08 | Melissa Hayes       | NSW | 25:08 | Regan Lamble      | VIC | 25:31 |
| 2007 | Paige Hooper        | SA  | 25:24 | Kate Fitzsommons    | WA  | 26:34 | Kristie Goznik    | SA  | 27:24 |
| 2008 | Shannon Jennings    | NSW | 24:19 | Kristie Goznik      | SA  | 24:48 | Amy Burren        | VIC | 25:06 |
| 2009 | Amy Burren          | VIC | 25:01 | Jmara Hockley Samon | VIC | 25:22 | Hannah Watson     | WA  | 25:32 |
| 2010 | Jmara Hockley-Samon | VIC | 25:59 | Elizabeth Hosking   | ACT | 26:11 | Sophie Eberhardt  | TAS | 26:41 |

**Australian 3 km Road U14 Women**

|      |                 |     |       |                      |     |       |                  |     |       |
|------|-----------------|-----|-------|----------------------|-----|-------|------------------|-----|-------|
| 1994 | Renee McAskill  | NSW | 14:24 | Michelle French      | NSW | 14:26 | Vanessa Arcadi   | VIC | 15:31 |
| 1995 | Renee McAskill  | NSW | 15:11 | Tanya-Marie Holloway | WA  | 15:19 | Carly White      | SA  | 15:57 |
| 1996 | Natalie Gleeson | VIC | 14:52 | Erica McGinniskin    | VIC | 15:02 | Samantha Dickson | NSW | 15:14 |
| 1997 | Lisa Grant      | NSW | 14:38 | Yvette Becker        | SA  | 15:41 | Peta Gough       | NSW | 16:09 |
| 1998 | Yvette Becker   | SA  | 15:01 | Lisa Grant           | NSW | 15:12 | Natalie Gleeson  | VIC | 15:22 |
| 1999 | Shana Cobby     | WA  | 14:58 | Gemma Christie       | WA  | 15:16 | Tyne Boddy       | VIC | 16:18 |

|      |                  |     |       |                        |     |       |                        |     |       |
|------|------------------|-----|-------|------------------------|-----|-------|------------------------|-----|-------|
| 2000 | Tyne Boddy       | VIC | 16:24 | Fauve Jacobs           | VIC | 16:48 | Sally Camilleri        | NSW | 17:40 |
| 2001 | Aleisha Roddy    | WA  | 15:55 | Fione Alldis           | NSW | 16:42 | Melaine Daniels        | TAS | 16:50 |
| 2002 | Natasha Agius    | NSW | 15:39 | Nicole Fagan           | NSW | 15:41 | Jessica Rothwell       | VIC | 15:42 |
| 2003 | Lauren Biagioni  | WA  | 15:01 | Danielle Densley Scott | WA  | 15:24 | Jessie Palfreyman      | VIC | 15:27 |
| 2004 | Paige Hooper     | SA  | 15:00 | Laurne Biagoni         | WA  | 15:06 | Kini Chapple           | NSW | 15:54 |
| 2005 | Paige Hooper     | SA  | 14:21 | Shannon Jennings       | NSW | 14:45 | Kini Chapple           | NSW | 15:16 |
| 2006 | Shannon Jennings | NSW | 14:40 | Amy Bettiol            | NSW | 15:18 | Cassandra Raselli      | VIC | 15:21 |
| 2007 | Amy Burren       | VIC | 14:28 | Amy Bettiol            | NSW | 14:34 | Ebony Whiley           | VIC | 15:18 |
| 2008 | Amy Bettiol      | NSW | 14:39 | Elizabeth Hosking      | ACT | 14:54 | Tayla-Paige Billington | NSW | 15:20 |
| 2009 | Stephanie George | VIC | 14:58 | Sarah Burren           | VIC | 15:07 | Holt, Kate             | WA  | 15:24 |
| 2010 | Zoe Boldiston    | VIC | 14:54 | Caitlin Hosking        | ACT | 15:08 | Zoe Hunt               | ACT | 15:33 |